Please remember to give people their space and stay 6 feet apart while working out.

Machines have been properly spaced for your safety. Please do not use machines that have been marked off.

Please make sure to wipe down any equipment both before and after use for your safety and as a courtesy to others. Sprays, wipes and towels are available.

Please wear a face covering before and after your workout.

If you are going to stay and chat with friends, please put your mask on.

Please make sure not to block entrances or exits.