



PHILADELPHIA FREEDOM VALLEY YMCA
PART TIME JOB OPPORTUNITY

Posting Date: 7/11/2016

Closing Date: 8/5/2016

Job Title: Group Exercise Instructor

Level: 9

Location: Ambler YMCA

Salary Range: \$ 14.00 to 16.50/hour

FLSA Status: Non-Exempt

Employment Status: Part-Time

Hiring Supervisor: Julia Avans, Group Exercise Director

Position Description:

The Ambler Area YMCA is looking to hire group exercise instructors who teach a variety of class formats. Must be available to teach early morning classes (5:45am-8:00am) and/or evening classes (4-8pm) during the week. Weekend availability is also ideal. All instructors are expected to:

- Conduct classes with energy and enthusiasm, reflecting the benefits of a healthy lifestyle to members.
- Set an example of healthy living and personal fitness.
- Prepare routines and/or choreography within YMCA standards. Provide support and encouragement to members and reinforce healthy lifestyles.
- Arrive prior to the class time to set up equipment/music and to encourage members. Maintain professional appearance.
- Ensure the safety and well-being of members and staff. Notify supervisor of any safety hazards or concerns within the facility.
- Provide excellent service to all members and notify supervisor of member needs, supplies or other items needed to ensure program quality and member satisfaction.
- Ensure that safe movement and technique is utilized by every member in all classes.
- Ensure a positive, healthy and valuable experience for all members.

Requirements:

- 18 years of age and high school diploma or equivalent.
- Nationally recognized Group Exercise Certification or YMCA Foundations of Group Exercise certification with experience (1).
- CPR/AED/Oxygen and First Aid certification upon hire.
- YMCA Healthy Lifestyles within 90 days of hire.

- Physical stamina and ability to assist with resistance, flexibility and cardiovascular exercises.
- Addresses members by name, has a positive rapport with members.
- Keep all certifications current.

OTHER

At the YMCA we value the following attributes in personal character and behavior and believe that they are essential to attaining our mission:

CARING: To be sensitive, understanding and responsive to the well-being of self and others.

HONESTY: To be truthful, ethical, trustworthy, sincere and fair in word and action.

RESPECT: To value the worth of person and property. Treating others as you would have them treat you.

RESPONSIBILITY: To recognize, accept and fulfill the obligation to contribute to a better society.

OUR MISSION

To translate the principles of the YMCA's Christian heritage into programs that nurture children, strengthen families, build strong communities and develop healthy minds, bodies and spirits for all.

Interested applicants should send resume and cover letter to: javans@philaymca.org or apply directly online using the attached application.