



Greater Philadelphia Y

W E L C O M E T O
Y M C A 3 6 0



TABLE OF CONTENTS

GETTING STARTED

ACCESS YMCA360p1

BARCODES, MESSAGING, AND PROFILE

BARCODESp3

MESSAGINGp3

YOUR PROFILEp4

GET TO KNOW THE HOMEPAGE

MY POINTSp5

MY SCHEDULEp7

PHILAYATHOMEp9

MY CHALLENGESp11

MY TEAMp11

APP FEATURES

WATCHp12

MY Yp13

ACTIVITYp15

CONNECTp16

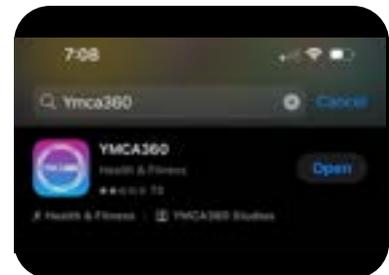
GETTING STARTED...

Welcome to the mobile app for members of the Greater Philadelphia YMCA – YMCA360. This member only app gives you access to branch schedules, exclusive on-demand and live streaming content, challenges, rewards, and more - all available directly in the app.

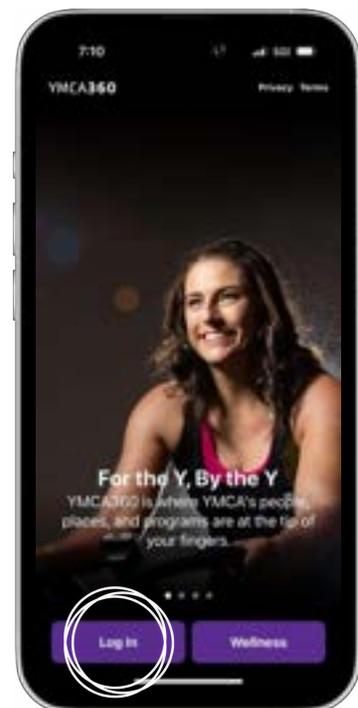
Plus members can access YMCA360 from any browser and can stream content from the app on Apple TV, Roku, and other streaming devices. So many ways for you to connect to a healthier life!

ACCESS YMCA360:

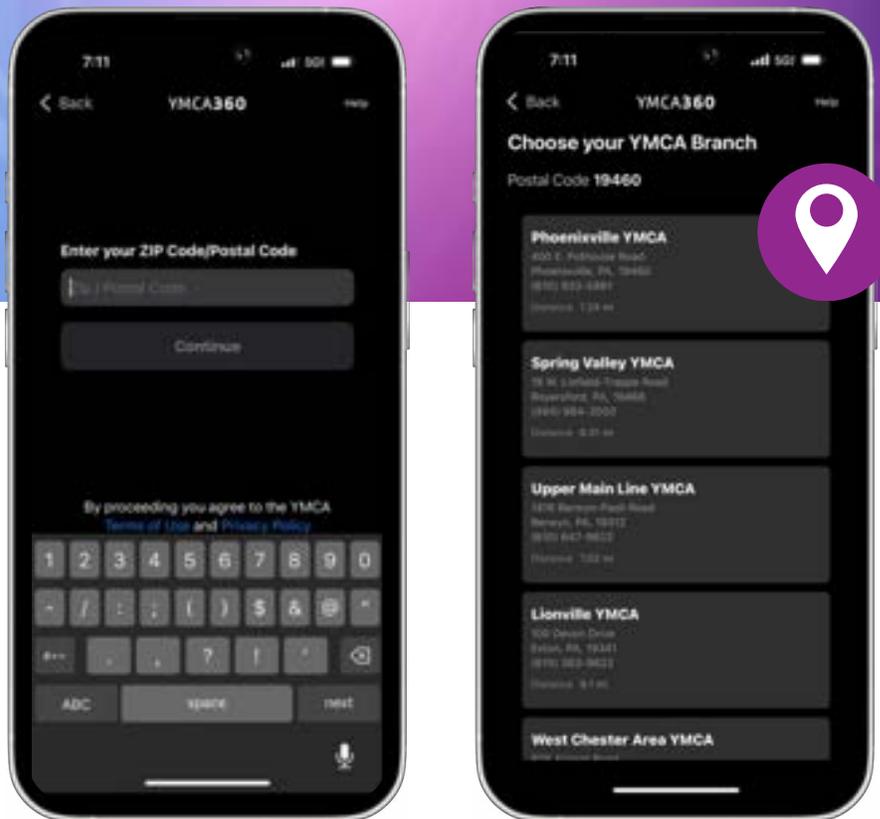
1. To get started, download the YMCA360 app from the [App Store](#) or [Google Play Store](#) on your device.



2. Click the **Log In** button and input the email associated with your YMCA membership.



3. Select your local branch after inputting your zip code.



4. Input the verification code sent to your email.



5. Once verified, you will be taken to the homepage where you can start using all the amazing features of the app!

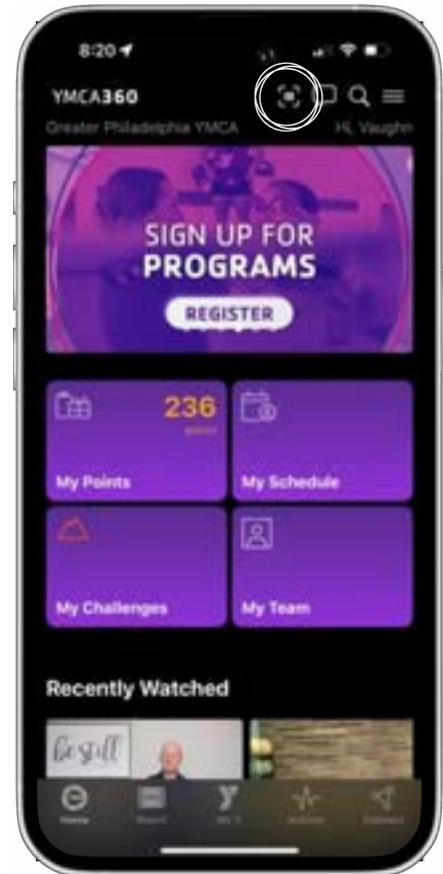


BARCODES, MESSAGING, AND PROFILE

BARCODES:

At the top of the app, you'll notice some important icons relating to your branch and profile. Let's start with your barcode icon – where you can see your member barcode and the barcode for anyone else on your account!

Note: if your barcode is not available here, your account has not successfully been verified. Please make sure you are using the email associated with your membership when accessing the app.



MESSAGING:

This is where your branch can share important messages about facility updates, events, and news.

You'll also receive push notifications about important facility closures and notices. So make sure your notifications are enabled!



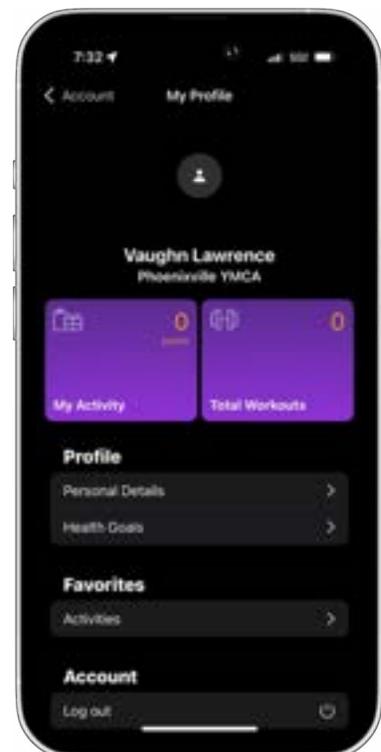
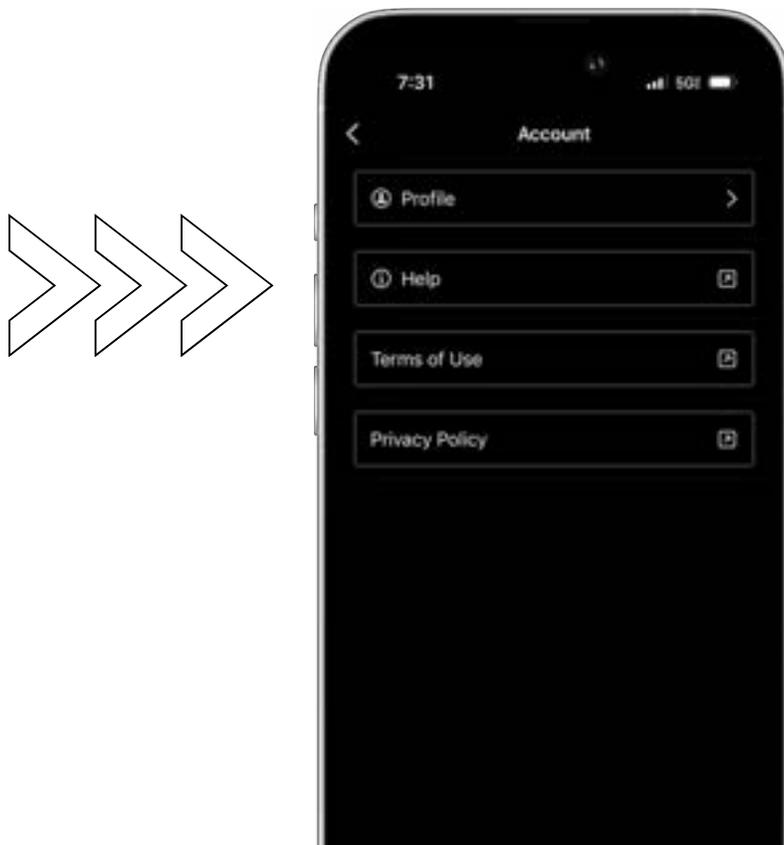
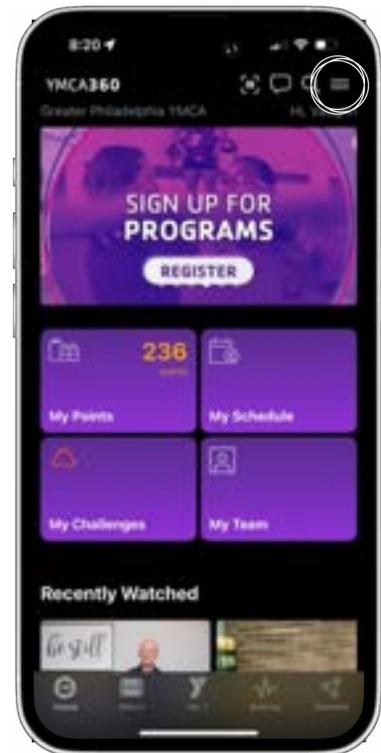
BARCODES, MESSAGING, AND PROFILE

YOUR PROFILE:

Click the three lines at top and you'll be able access your profile. Here you can set preferences that help the app recommend relevant content.

- You can set a fitness goal
- Set favorite activities

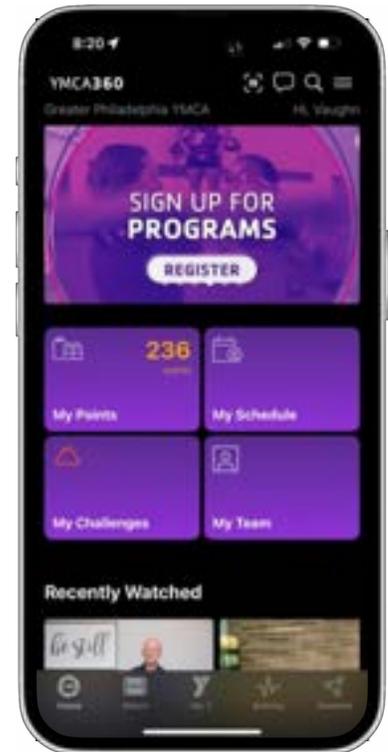
Under profile, you will also find the help section. Use this if you need support with any app related questions.



GET TO KNOW THE HOMEPAGE

The homepage is all about you! Here you can find your schedules, rewards points, challenges, and your YMCA fitness team.

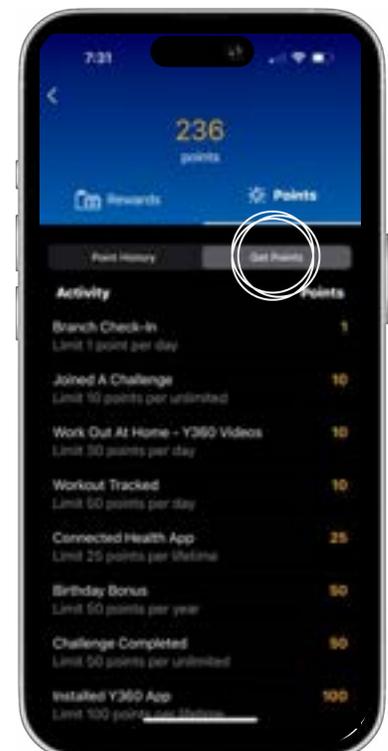
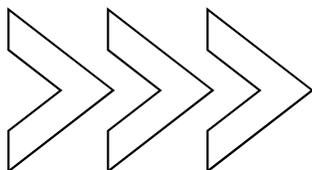
You'll also find featured on-demand videos you can watch in the app or stream to your television.



MY POINTS:

This is where you will see any app rewards points you have earned. Make sure location services are enabled to get a point each time you visit the Y!

Click on Get Points to see all the ways you can earn points by using the Y app!

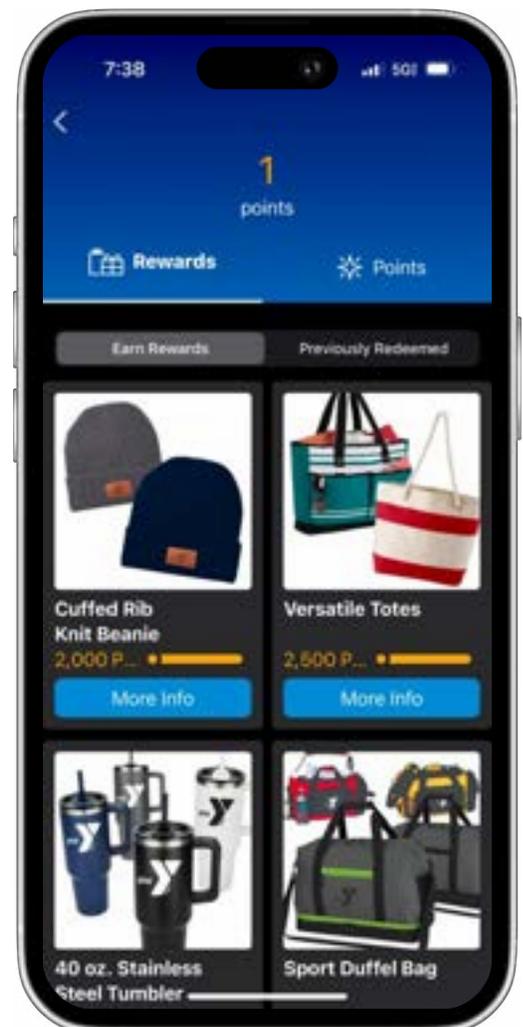
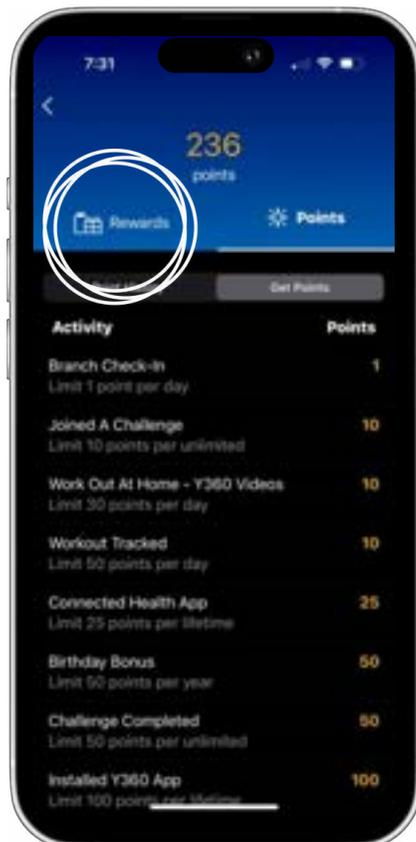
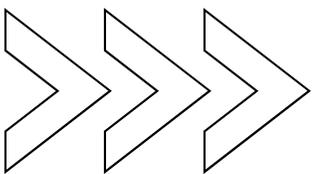


GET TO KNOW THE HOMEPAGE

At the top of the screen on the left, click on **Rewards** and then **Earn Rewards** to see the available app prizes. Each prize has a representative picture, description, and a progress bar to show how close you are to earning your next reward.

Once you have enough points for an individual app prize, the buttons will change, allowing you to redeem.

Visit the membership desk after hitting redeem to get your prize!

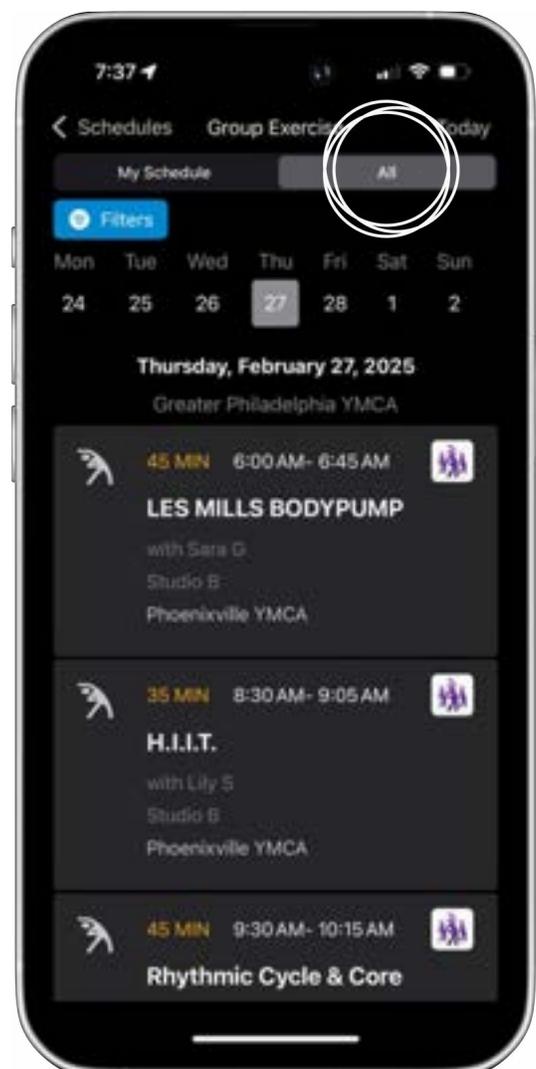
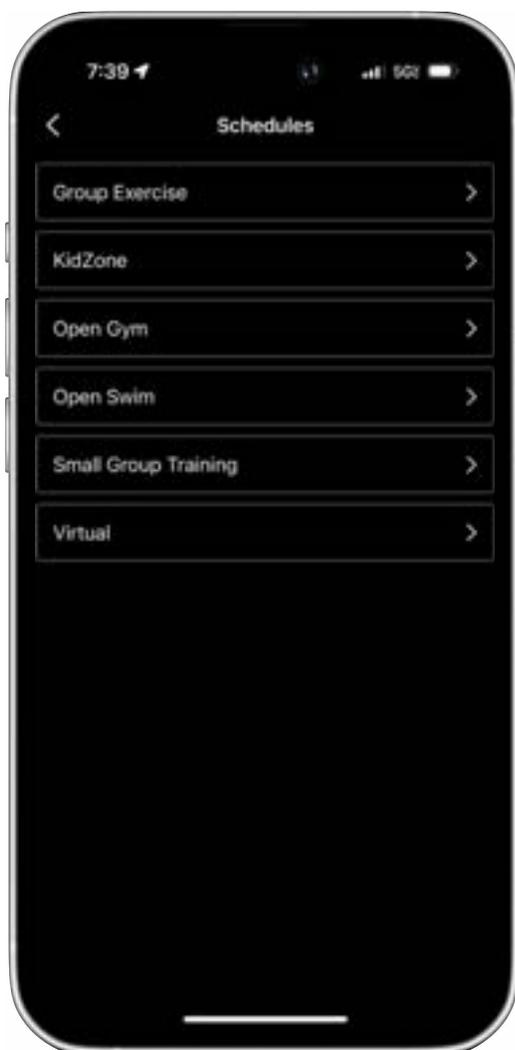


GET TO KNOW THE HOMEPAGE

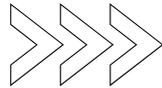
MY SCHEDULE:

Under My Schedule you'll now see our branch schedules in one place! Easily access the group exercise, gym, swim, small group, and virtual schedules - all in the app!

To see all classes or activities at the branch click on **All**. This will show everything happening at the branch for the specific day.



GET TO KNOW THE HOMEPAGE



Want to see a specific type of class?
Classes at another branch?

Click the blue **Filter** button to drill down to the classes that matter most to you!



Once you find a class you want to attend, click on it to see the description. On the description page you can hit the three dots icon and add to your schedule or calendar. Classes you add to your schedule will show up under the **My Schedule** tab.



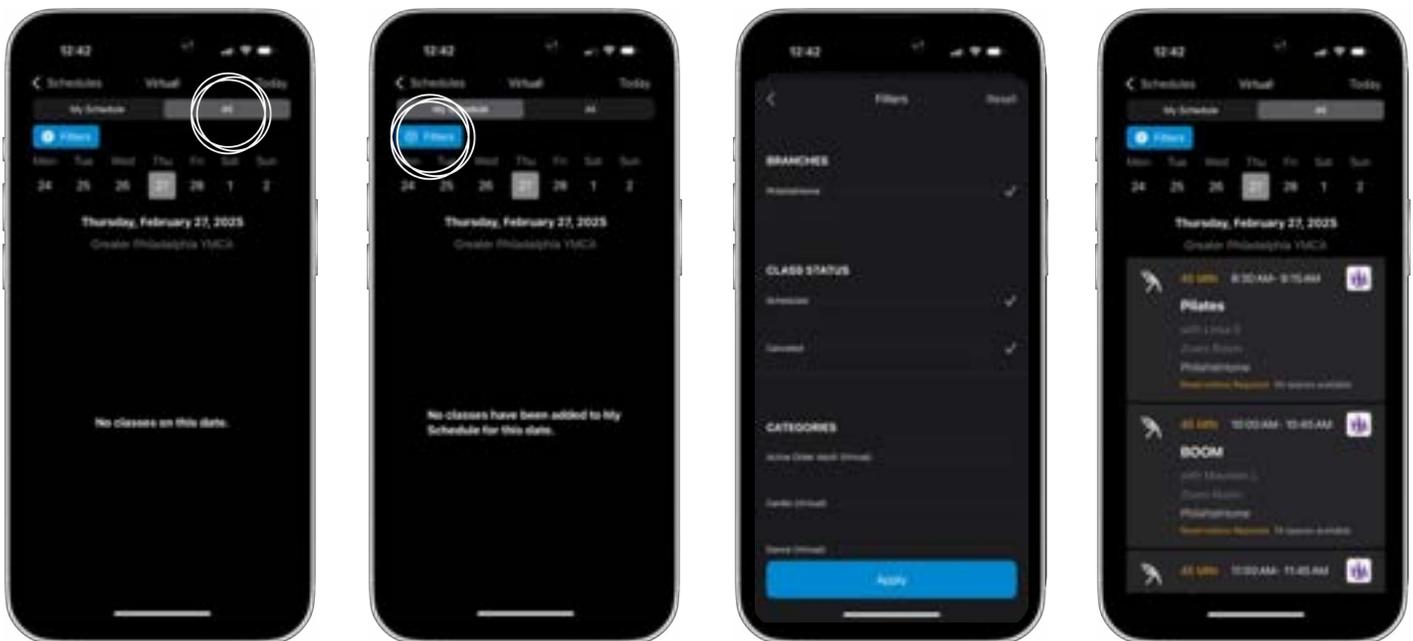
All of the other schedules work the same way. So, open the app, browse our schedules, and plan your next workout!

GET TO KNOW THE HOMEPAGE

HOW DOES THE VIRTUAL SCHEDULE FROM PHILAYATHOME WORK?

Take a look at the virtual schedule! This schedule was previously only available on the PhilaYatHome website, but is now conveniently within the member app!

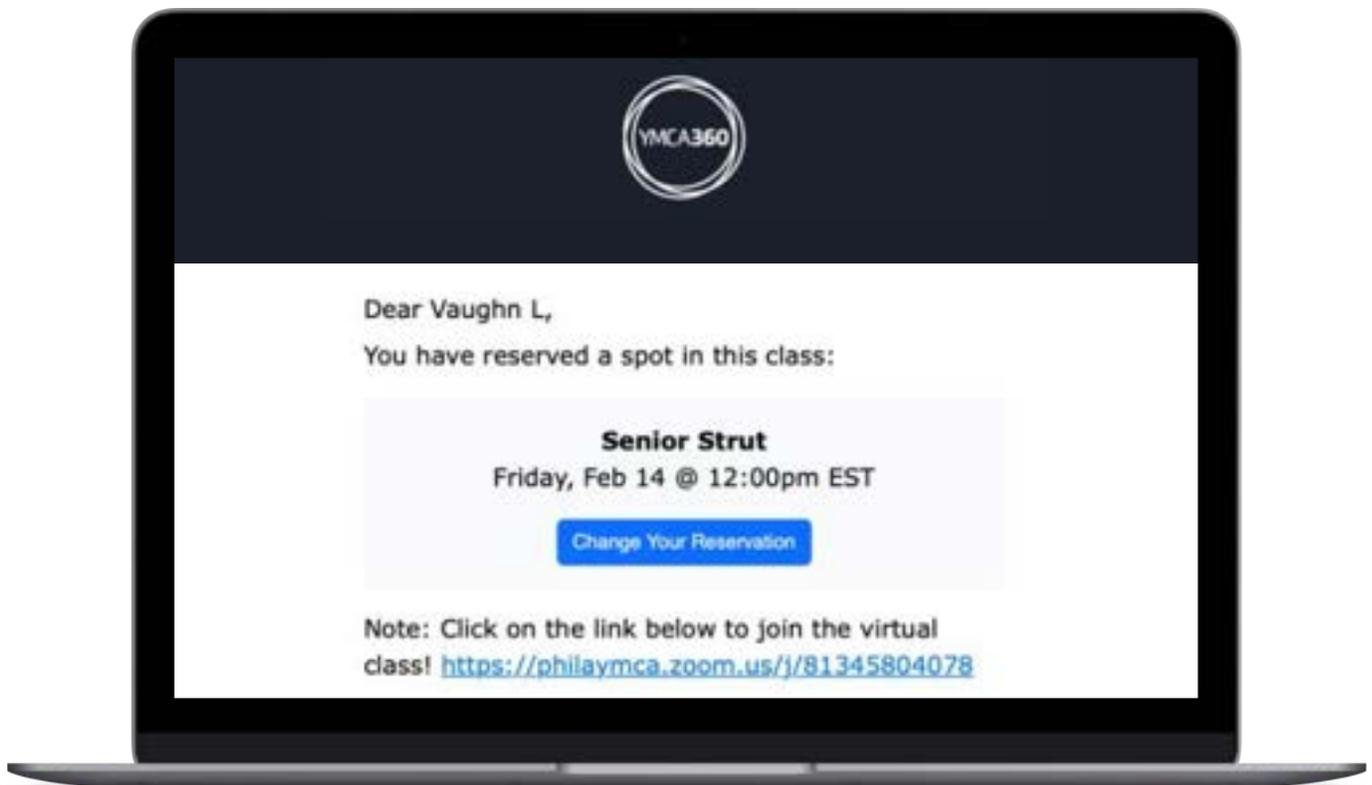
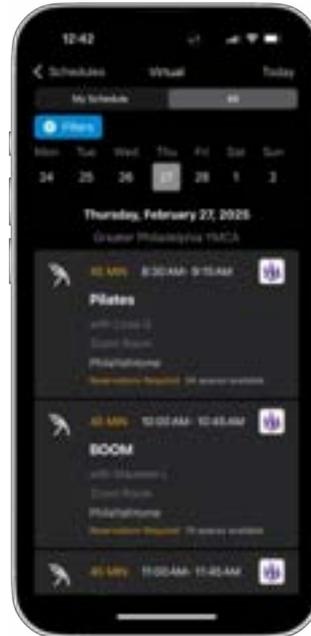
Note: when visiting this schedule for the first time, be sure to click on **All**, then the blue **Filters** button and select **PhilaYatHome** as the branch. This filter will be saved the next time you visit.



GET TO KNOW THE HOMEPAGE

To attend a virtual class, you will need to make a reservation.

Click on a class you want to attend, click Reserve Class, and then **check your email for the link to join!** Reserve as many classes as you want! They're all included with your membership.



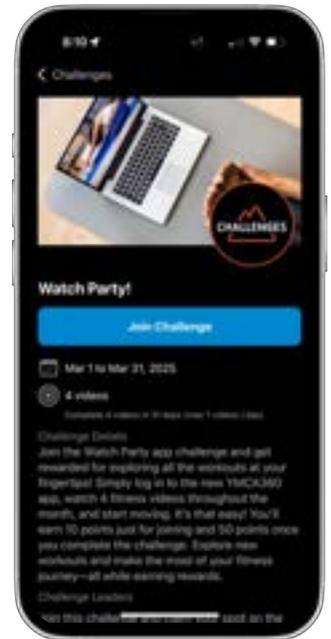
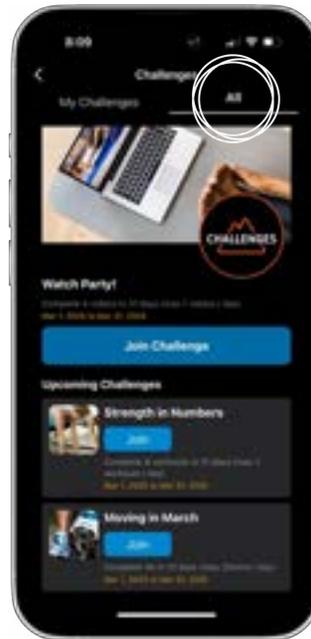
GET TO KNOW THE HOMEPAGE

MY CHALLENGES:

By now, you probably notice that each feature from the homepage is all about you. My Challenges is no different – it tracks challenges you've joined.

To see all the available challenges, click on **All** at the top of the screen. Here you will find a list of current and upcoming challenges you can join. Just tap the **Join Challenge** button to be part of the fun. It's that easy!

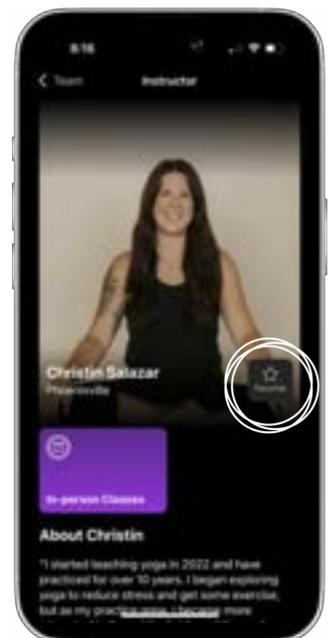
For more information, or to check the leaderboard, click on the challenge image.



MY TEAM:

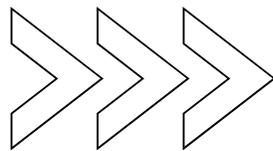
My Team is an awesome new feature in the Y member app! Here you can see group exercise instructors from the Greater Philadelphia Y and from across the county!

Click on **Local** to see instructors you can add to your list of favorites. Once you've found an instructor you love, click on the **Favorite** icon so you can easily track their upcoming classes.



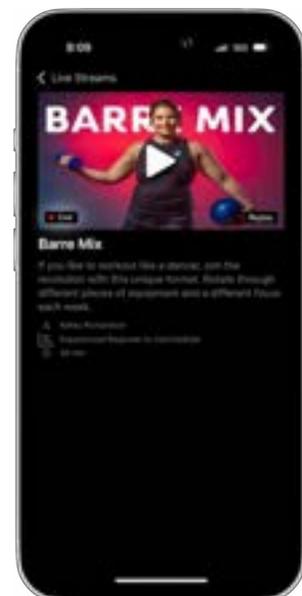
APP FEATURES

In the YMCA360 section, you can favorite instructors from across the country. Some instructors offer live streams in addition to on-demand classes, and it's all available directly in the app.



WATCH:

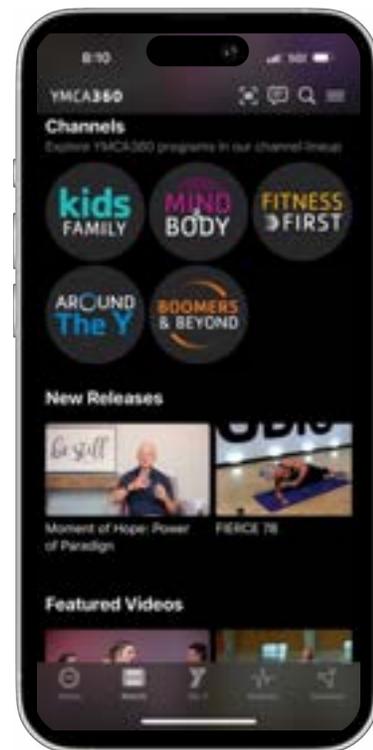
The Watch section of YMCA360 is something you have all been waiting for! Here you will find a live streaming schedule with classes offered in real-time from instructors across the country. You can join a class directly in the app or stream it at home in seconds!



APP FEATURES

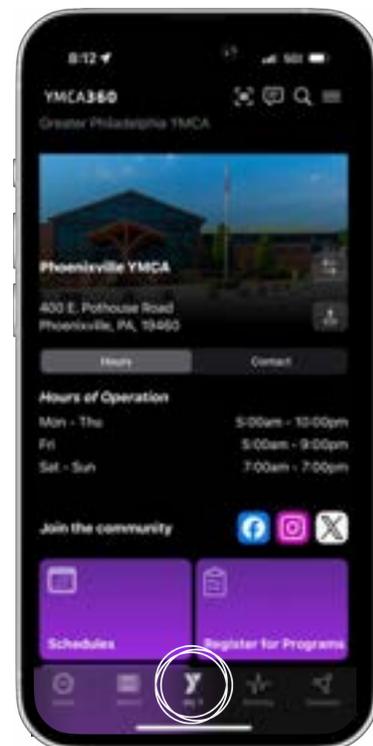
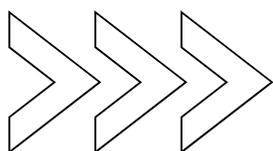
Plus, you have access to an extensive library of on-demand content where you can take exercise classes, learn a new sport, teach your kids to cook, explore a new workout plan, and so much more!

New content is added every week!



MY Y:

On this page of the app, you will see info about your home branch. Find the hours, contact info, social media accounts, and more!



APP FEATURES

Need info about another branch?

Click on the arrows icon at the top right and select a different branch to see their info.

Need directions to the branch?

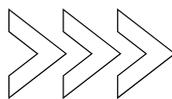
Click on the map icon in the top right and you will be on your way for your next workout! Also, on this page you will see a similar schedules feature as to what was on the homepage. When you click on schedules from the My Y page, you will see all upcoming classes (instead of ones you previously added to your schedule).

Looking to register for programs?

On this page you will find a link to the Y's membership and registration platform where you can sign up for any of the programs the Y has to offer.

Another feature is Quick Links. These are useful links to more information about getting involved with the Y!

At the bottom of the screen, there's a second option to access your barcode for scanning into the branch.

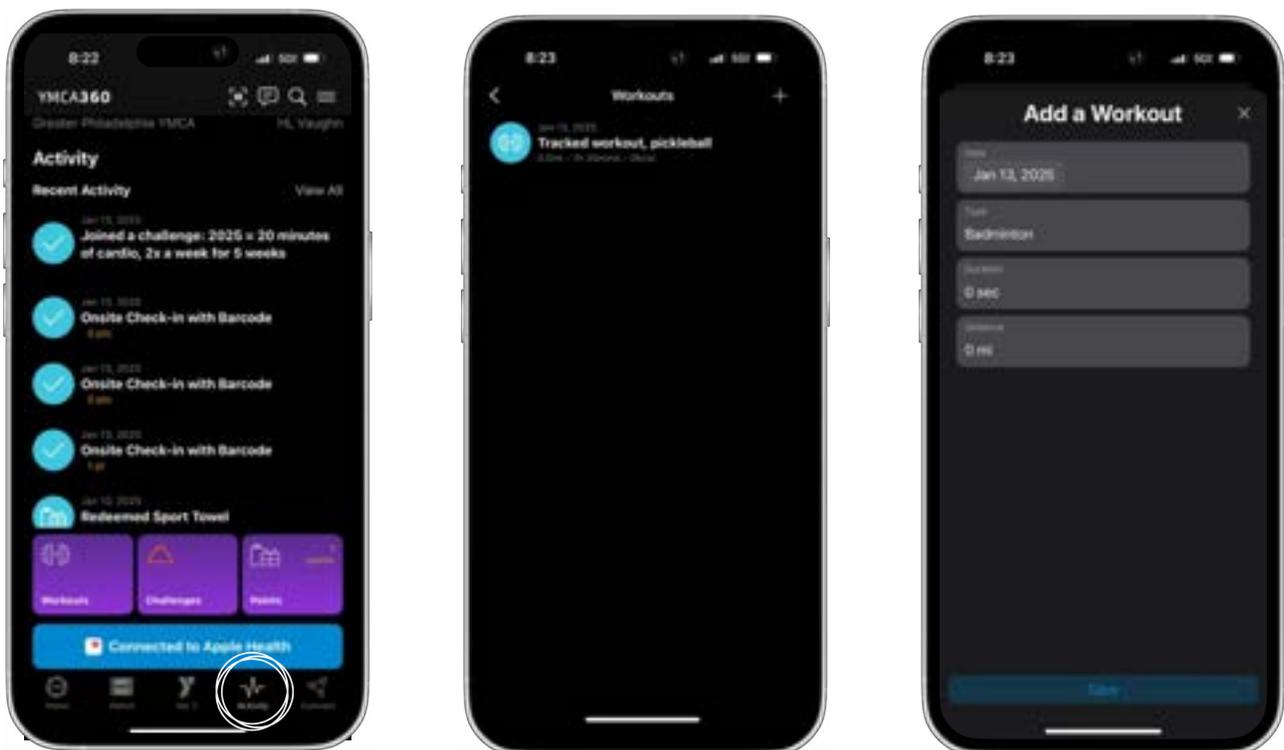


APP FEATURES

ACTIVITY:

Under the Activity icon you can track all the hard work you're putting in at the Y! You'll see your recent activity, including branch visits, workouts tracked, on-demand content watched in the app, and more.

Note: at the bottom of the screen, you have access to the **Workouts** feature. Here you can hit the plus button and manually track your workouts. These workouts can be used to help you complete app challenges!



Back on the activity page, you will notice the ability to connect to Apple Health or Google Fit. This means you can track workouts with your phone or connected device! In this section you will also see the same challenges and points features from the homepage.

APP FEATURES

CONNECT:

On the Connect page you will see social media icons for your local branch and access to the Team feature. This is the same Team feature from the homepage. Be sure to favorite instructors at your branch or find new ones!

