



## PHILADELPHIA FREEDOM VALLEY JOB DESCRIPTION

**JOB TITLE:** Sr. Lifeguard  
**LEVEL:** 4  
**SUPERVISOR:** Aquatic Director  
**DATE:**

**JOB CODE:** 2010P/2030F  
**FLSA STATUS:** Non-exempt  
**LOCATION:**

### POSITION PURPOSE

Under general supervision of the Aquatic Director/Aquatic Supervisor, the Sr. Lifeguard is expected to ensure a safe, clean and enjoyable aquatic environment for YMCA members and participants; ensure safety of all individuals in the pool area by being on deck, watching all activity in and around the pool, walking around the pool area, constantly remaining alert while on duty, enforcing all pool rules, recognize emergency situations, rescue individuals in stress, perform emergency care and contact emergency assistance when required; adhere to and enforce all YMCA Aquatic Safety Standards at all times; serve as a role model for lifeguards by demonstrating exemplary job skills and behavior.

### ESSENTIAL FUNCTIONS

- Ensure safety and prevent injuries by supervising pool area. Scan pool and pool area every 10 seconds and react immediately to signs of individuals in distress. Maintain all aquatics/pools standards and rules. Ensure no distraction or interference with the ability to hear or see signs of distress.
- Ensure that pool staffing is within YMCA standards before leaving the area or performing maintenance items. Ensure security upon arrival and departure.
- Administer first aid to victims using OSHA Bloodborne Pathogens Universal Precautions. Provide immediate care to sustain life until Emergency Medical Service arrives.
- Maintain current certifications. Maintain physical fitness. Perform endurance swims, rescue procedures upon request.
- Participate as a part of the aquatics staff team in providing a safe and enjoyable environment. Respect others by arriving on time and in accordance with schedule.
- Attend staff meetings and trainings as required.
- Provide excellent service to members and participants. Communicate all pool rules and ensure that you are accessible and identifiable and ensure safety and cleanliness in pool area.
- Maintain pool logs, incident/accident reports, locker room checks and other documents as required.
- Perform pool maintenance duties in accordance with OSHA Hazardous Materials Precautions. Hose down pool deck, put away all equipment. Perform water quality testing.
- Inform supervisor and staff of equipment need, water quality test results and temperature.
- Perform other related duties as required.

### OTHER DUTIES AND RESPONSIBILITIES

- All Philadelphia Freedom Valley YMCA Staff is responsible for the following:
  - Maintaining a clean, well-groomed appearance while on duty and keeping in compliance with the Association and Department Dress Code Policy
  - A continued commitment to member satisfaction by ensuring excellent Member Experience
  - Maintaining the safety of all members and staff by identifying and correcting risk situations, writing incident reports, etc.
  - Ensuring the overall cleanliness of the facility
  - A commitment to Diversity and Inclusion

- Keeping the children in the care of the PFVY and participating in programming within the branches safe from harm and reporting signs and suspicions of abuse when necessary to the requisite state agency

**ENVIRONMENTAL CONDITIONS**

Wet and/or humid, high levels of noise, exposure to weather during summer months, exposure to toxic or caustic chemicals

**PHYSICAL REQUIREMENTS**

Ability to express or exchange ideas by means of spoken word to impart oral information and to convey detailed, spoken instructions to staff, members, and volunteers accurately, quickly, and loudly; ability to perceive the nature of sounds by ear; running quickly on land then safely entering the water; advanced swimming ability; surface diving and swimming underwater to a specific depth; recovering a casualty from deep water to the surface; towing a casualty to a point of exit from the water; lifting, carrying or/or dragging a victim to a point of safety; Ability to sprint on land; ability to lift and carry over 100lbs under water; ability to pull and drag large objects; ability to sit or stand for long periods of time; ability to tread water for long periods of time; ability to clearly see at 20 inches or less and 20 feet or more ; ability to judge distances and spatial relationships so as to see objects where and as they actually are

**REQUIREMENTS**

- 18 years of age with current YMCA or ARC Lifeguard/Water Park, CPR/AED for Professional Rescuer and ARC First Aid certifications.
- Ability to use water quality test kit.
- Exhibit strong leadership skills; possess a passion for member service, building and maintaining a culture of member service excellence
- Acquire and maintain the following certifications:
  - CPR Pro/AED/O2 (valid 1 year)
  - First Aid (valid 1 year)
  - Requisite Redwoods Online Trainings (valid 2 years unless otherwise noted)

**OTHER**

At the YMCA we value the following attributes in personal character and behavior and believe that they are essential to attaining our mission:

<b>CARING</b>	Showing a sincere concern for others.
<b>HONESTY</b>	Be truthful in what you say and do.
<b>RESPECT</b>	Follow the Golden Rule.
<b>RESPONSIBILITY</b>	Be accountable for your promises and actions.

**OUR MISSION**

To translate the principles of the YMCA’s Christian heritage into programs that nurture children, strengthen families, build strong communities and develop healthy minds, bodies and spirits for all.

**Employee Name:** \_\_\_\_\_  
**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Supervisor:** \_\_\_\_\_