



## PHILADELPHIA FREEDOM VALLEY YMCA CAREER OPPORTUNITY

<b>POSITION:</b>	Wellness Supervisor	<b>LOCATION:</b>	Ambler
<b>PAY RANGE:</b>	\$13.84 - \$16.78/hour	<b>STATUS:</b>	FT Non-Exempt
<b>POSTING START:</b>	August 2, 2017	<b>POSTING END:</b>	August 16, 2017

Imagine going to work knowing that what you do each day positively influences the lives of individuals and families in your community.

Throughout the Delaware Valley, the Philadelphia Freedom Valley YMCA employs more than 5,000 individuals in full time, part time and seasonal positions. Anchored in 20 locations, the Philadelphia Freedom Valley YMCA has the long-standing relationships and physical presence to deliver lasting personal and social change and gives staff the opportunity and flexibility to pursue their careers.

The Ambler YMCA is looking for a dedicated individual to serve as their Wellness Supervisor.

### **What you'll do:**

- Assist with the operation and supervision of wellness center, staff and programs to ensure a friendly and encouraging environment for members in the usage of fitness and wellness programs and services.
- Learn member names and encourage regular exercise routines and record keeping.
- Cultivate and develop relationships and follow up with telephone calls, emails, correspondence, etc. to assist the member in achieving their wellness objectives as required.
- Maintain knowledge of wellness trends, participate in training and development.
- Provide guidance in equipment usage, and if appropriate, direct members to qualified staff for personalized fitness programs and personal training. Provide consistent support to all members using the facility.
- Provide wellness consultations and administer other health and wellness programs as required.
- Ensure facility cleanliness and safety. Clean and maintain equipment.
- Enforce wellness center policies and age restrictions. Monitor member use of equipment and weights.

### **What you need to succeed:**

- College degree in related field preferred, or 21 years of age with 2 years of experience and national certification in fitness and strength training and/or Group Exercise upon hire.
- Exhibit strong leadership skills; possess a passion for member service, building and maintaining a culture of member service excellence
- Acquire and maintain the following certifications:
  - CPR Pro/AED/O2 (valid 2 years unless otherwise noted)
  - First Aid (valid 2 years unless otherwise noted)
  - Requisite Redwoods Online Trainings (valid 2 years unless otherwise noted)
  - Principles of Healthy Lifestyles and Foundations of Strength and Conditioning

### **Some benefits and perks of working at the Y:**

Flexible work schedule, a free family membership, discounted programming, participation in the Y Retirement Fund, health and wellness benefits, and opportunities for continuing education and professional training and development.

**How to apply:** Send your resume and cover letter to [smiller@philaymca.org](mailto:smiller@philaymca.org)