

ENVIRONMENTAL CONDITIONS

Wet and/or humid, high levels of noise, exposure to weather during summer months, exposure to toxic or caustic chemicals

PHYSICAL REQUIREMENTS

Ability to express or exchange ideas by means of spoken word to impart oral information and to convey detailed, spoken instructions to staff, members, and volunteers accurately, quickly, and loudly; ability to perceive the nature of sounds by ear; running quickly on land then safely entering the water; advanced swimming ability; surface diving and swimming underwater to a specific depth; recovering a casualty from deep water to the surface; towing a casualty to a point of exit from the water; lifting, carrying or/or dragging a victim to a point of safety; Ability to sprint on land; ability to lift and carry over 100lbs under water; ability to pull and drag large objects; ability to sit or stand for long periods of time; ability to tread water for long periods of time; ability to clearly see at 20 inches or less and 20 feet or more ; ability to judge distances and spatial relationships so as to see objects where and as they actually are

REQUIREMENTS

- 18 years old with High School Degree or equivalent, 2 years of directly related experience in developing and conducting programs.
- Ability to work a non-traditional schedule including nights and weekends.
- Know any computer software that is used for the running of meets and swimmer line ups.
- Exhibit strong leadership skills; possess a passion for member service, building and maintaining a culture of member service excellence
- Acquire and maintain the following certifications:
 - CPR Pro/AED/O2 (valid 1 year)
 - First Aid (valid 1 year)
 - Requisite Redwoods Online Trainings (valid 2 years unless otherwise noted)
 - YMCA Principles of Competitive Swimming & Diving
 - USA Swimming Coach Level 1(if applicable)
 - Red Cross Lifeguarding, YMCA Lifeguarding, or Red Cross Safety Training for Coaches

OTHER

At the YMCA we value the following attributes in personal character and behavior and believe that they are essential to attaining our mission:

CARING	Showing a sincere concern for others.
HONESTY	Be truthful in what you say and do.
RESPECT	Follow the Golden Rule.
RESPONSIBILITY	Be accountable for your promises and actions.

OUR MISSION

To translate the principles of the YMCA’s Christian heritage into programs that nurture children, strengthen families, build strong communities and develop healthy minds, bodies and spirits for all.

Employee Name: _____

Signature: _____ **Date:** _____

Supervisor: _____

The Philadelphia Freedom Valley YMCA is an equal opportunity employer. The Y considers all applicants for employment without regard to race, color, religion, sex, national origin, age, physical or mental disability, or status as a Vietnam-era or special disabled veteran or other protected classification and in accordance with applicable laws.